

# SAVING WATER IN THE KITCHEN

## Only run a full dishwasher.

Your dishwasher uses the same amount of water whether it is full or not, so fill it up and get the most out of each cycle!

## Defrost food in the fridge.

Plan ahead by defrosting food in the fridge instead of in a bowl of water.



## Store water in the fridge.

Keep a covered jug of water in the fridge so you don't need to run the tap until the water gets cold! Running a tap can waste 20-28 liters of water per minute.



# SAVING WATER IN THE BATHROOM

## Check for leaky toilets.

Check your toilets annually by adding a couple drops of food colouring into the tank. If you see colour in the bowl after 15 minutes, you have a leak!

## Use low flow showerheads.

Low flow showerheads deliver 10LMP compared to older showerheads that deliver twice as much at 20-28 LPM.

## Take shorter showers.

Showers only use less water than baths when they are quick. The average Canadian spends 8 minutes in the shower (often much more). That's 80-224 liters of water per shower!

## Turn off the tap.

Turn off the tap between brushing to save around 700 liters of water a week if you brush for 2 minutes.

# SAVING WATER IN THE LAUNDRY ROOM

## Choose the right water level.

Unlike the dishwasher, most laundry machines let you control the water level. Choose the appropriate level to conserve water on small loads.

## Upgrade your machines.

New front loading washing machines save  $\frac{1}{3}$  more water than the older top loading machines. They also have an energy savings for high efficiency washers at an estimated 50% per load.

