

THINK: We're staying put and need to be self-sufficient

Emergency Kit (72-hour “Stay at Home” kit)

Where it is kept: Stored in your home closet, garage etc.

Consider the following supplies:

- Non-perishable food (Three to seven-day supply)
- Manual can opener
- Water: four litres per person, per day (drinking and sanitation)
- Phone charger, power bank or inverter
- Battery-powered or hand-crank radio
- Flashlight
- Batteries
- First-aid kit
- Medications
- Personal toiletries
- Copy of your emergency plan
- Copies of important documents (e.g., insurance papers, identification)
- Cash (in small bills)
- Garbage bags and moist towelettes (for personal sanitation)
- Change of clothes, footwear
- Emergency blanket
- Dust masks
- Whistle
- Help/OK sign (Display the appropriate side outward in your window during a disaster)